

Benadryl (diphenhydramine HCl) Dosage Chart

Give the weight appropriate dosage listed below every 4-6 hours as needed, or as recommended by your pediatrician.

Weight (pounds)	Elixir (12.5mg / 5ml)	FastMelt Chewable (12.5mg tablets)	Tablets/Capsules & Quick Dissolve Strips (25mg tablets or 25mg strips)
8-9	1.25 ml (¼ tsp)		
10-11	2ml		
12-16	2.5 ml (½ tsp)		
17-21	3.75 ml (¾ tsp)		
22-25	4 ml		
26-33	5 ml (1 tsp)	1 FastMelt	
33-39	6 ml	1 FastMelt	
40-45	7 ml (1 ½ tsp)	1 ½ FastMelt	
46-52	9 ml	1 ½ FastMelt	
53-58	10 ml (2 tsp)	2 FastMelt	1 tab/cap/strip
59-65	11 ml	2 FastMelt	1 tab/cap/strip
66-72	12 ml (2 ½ tsp)	2 ½ FastMelt	1 ½ tabs/caps/strip
73-80	14 ml	2 ½ FastMelt	1 ½ tabs/caps/strips
81-88	15 ml (3 tsp)	3 FastMelt	1 ½ tabs/caps/strips
89-99	17 ml	3 FastMelt	2 tabs/caps/strips
100-109	18 ml	4 FastMelt	2 tabs/caps/strips
≥ 110	20 ml (4 tsp)	4 FastMelt	2 tabs/caps/strips

* This is the maximum recommended safe dosage based on your child's weight. If the listed dosage makes your child too sleepy, you may need to decrease the amount of medicine given in each dose.