

BENADRYL (diphenhydramine HCL)

GIVE THE WEIGHT APPROPRIATE DOSE LISTED BELOW EVERY 4-6 HOURS AS NEEDED OR AS RECOMMENDED BY YOUR PEDIATRICIAN

WEIGHT (POUNDS)	ELIXIR 12.5MG/5ML	FAST MELT CHEWABLE 12.5 MG TABLETS	TABLETS/CAPSULES 25 MG TABS OR 25 MG STRIPS
8-9	1.25 ml (1/4 tsp)		
10-11	2 ml		
12-16	2.5 ml (1/2 tsp)		
17-21	3.75 ml (3/4 tsp)		
22-25	4 ml		
26-33	5 ml (1 tsp)	1 Fastmelt	
33-39	6 ml	1 Fastmelt	
40-45	7 ml (1 ½ tsp)	1 ½ Fastmelts	
46-52	9 ml	1 ½ Fastmelts	
53-58	10 ml (2 tsp)	2 Fastmelts	1 tab/cap/strip
59-65	11 ml	2 Fastmelts	1 tab/cap/strip
66-72	12 ml (2 ½ tsp)	2 ½ Fastmelts	1 ½ tabs/caps/strips
73-80	14 ml	2 ½ Fastmelts	1 ½ tabs/caps/strips
81-88	15 ml (3 tsp)	3 Fastmelts	1 ½ tabs/caps/strips
89-99	17 ml	3 Fastmelts	2 tabs/caps/strips
100-109	18 ml	3 Fastmelts	2 tabs/caps/strips
≥ 110	20 ml (4 tsp)	4 Fastmelts	2 tabs/caps/strips

This is the maximum recommended safe dosage based on your child’s weight. If the listed dosage makes your child too sleepy, you may need to decrease the frequency and the amount of medicine given in each dose.

ZYRTEC (cetirizine)

For allergic reaction, itchy hives, seasonal allergies, sinus drip, and nasal congestion

Age	Dose in teaspoons (tsp)
6-12 months	½ tsp
1-2 years	½ - ¾ tsp
2-3 years	¾ tsp
3-4 years	1 tsp
4-5 years	1-1 ½ tsps
6 years and up	1 ½ - 2 tsps

**** PLEASE NOTE****

THIS IS **NOT** TO BE GIVEN IF YOUR CHILD IS UNDER 6 MONTHS OF AGE – BEST IF GIVEN BEFORE BEDTIME, IT MAY CAUSE MARKED DROWSINESS – DO NOT GIVE WITH ANY OTHER ANTIHISTAMINE AND ONLY **ONE** DOSE IN A 24 HOUR PERIOD